

Enhanced Skills Program

Application Information Session for Family Medicine Residents

Dr. Kyle Carter, MD, CCFP(EM)

Enhanced Skills Program Director & Assistant Professor

August 24th , 2022

Who am I?

Schulich School of Medicine (class of 2011)



Western Family Medicine – Regional Program (Mount Brydges)

Western PGY-3 Emergency Medicine

Emergency Medicine (St Thomas, Sarnia, Woodstock, Strathroy, HFO, Walkerton)

Hospitalist Medicine (Sarnia, Strathroy, St Thomas)

Family Medicine (WIC urban, locums, SWMHC)

Allergy Practice SWMHC – (focus practice pending)



Program Contacts

ES Program Director: Dr. Kyle Carter kcarte@uwo.ca

DFM Program Director: Dr. Julie Copeland jcopeland3@uwo.ca

DFM Associate Program Director: Dr. Daniel Grushka (dgrushk@uwo.ca)

Program Administrator: Ms. Laura Sparrow
laura.sparrow@schulich.uwo.ca

Office of Distributed Education: Mrs. Brenda Hennessey
distributed.education@schulich.uwo.ca



Enhanced Skills Programs

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COMPETITON

You don't have to be the fastest. You just can't be the slowest.

I DON'T SEE THE PROBLEM



WITH A LITTLE FRIENDLY
COMPETITION



I OPERATE

ON ANOTHER LEVEL

THE PERFECT RESIDENT

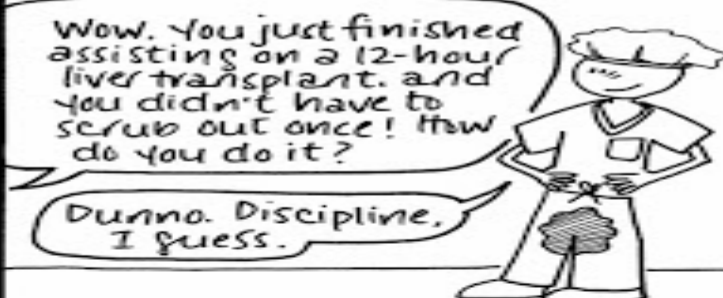
Does not require sleep



Never has to eat



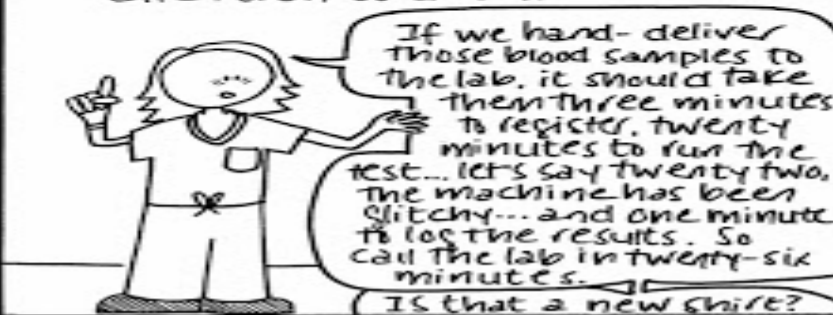
Never has to pee



Basically homeless



Somewhat creepy attention to detail



Has lost ability to feel pain



Program Vision



- Provide family medicine residents with additional training in specialized **fields of family medicine** for a duration of 6 to 12 months in length.
- Attract **exceptional residents** who want to be **leaders** in these sub-specialized fields of family medicine while still adhering to the guiding principles of family medicine.
- Graduate family physicians that then encompass these focused skills within the practice of family medicine



Why Enhanced Skills?

- Opportunity to become an expert and resource to your community
- Increased job opportunities in varied centres: urban, rural, academic.
- Ability to develop a focused practice.
- Excellent remuneration and flexible lifestyle options.
- Limited reentry opportunities after graduating

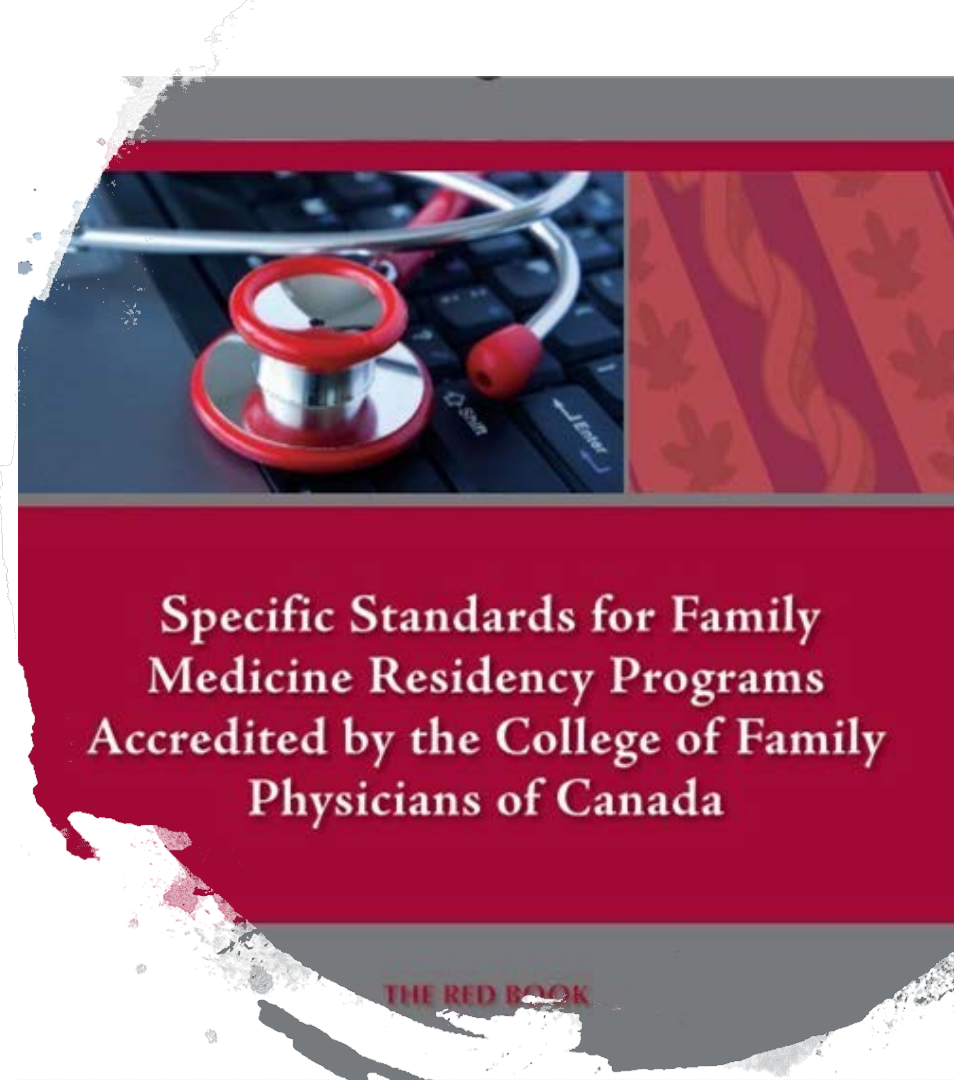
Why Western?

- Fully accredited program (2020)
- Long track record of excellence
- Graduates have found employment in all areas: urban, rural, academic
- Third largest program in Canada



Types of Programs

- **Category 1 programs**
 - Programs that adhere to an agreed upon set of national guidelines, objectives and evaluations
 - ER, COE, Palliative Care, SEM
 - Cannot deviate from the program objectives
- **Category 2 programs**
 - Programs that have been designed at the university level that adhere to the guiding principles of Enhanced Skills training in the CFPC red book, but do not have a nationally agreed upon set of guidelines, objectives and evaluations
 - More internal flexibility with regards to training





CATEGORY 1 Programs

- Care of the Elderly (1 year)
- Emergency Medicine (1 year)
- Sport & Exercise Medicine (1 year)
- Palliative Care (1 year)



CATEGORY 2 Programs

- Academic Family Medicine (1 year)
- Child Health (6 blocks)
- Chronic Diseases Management (1 year)
- Enhanced Skills - Individualized Program (varies)
- Hospitalist (6 blocks)
- Obstetrics & Women's Health (6 blocks)
- Family Medicine Oncology (1 year)
- Primary Care Rheumatology (1 year)



Emergency Medicine

- Program Director:
 - Dr. Munsif Bhimani
munsif.bhimani@lhsc.on.ca
- Number of residents
 - 8 residents/year
 - 2 RoS residents/year (location varies)

Positions Nationally

University	Positions
Memorial	4
Dalhousie	4
Laval	11
Sherbrooke	6
Montreal	10
McGill	12
Ottawa	5
NOSM	7
Queen's	8

University	Positions
Toronto	7
McMaster	4
Western	10
Manitoba	6
Saskatchewan	8
Alberta	7
Calgary	8
UBC	9

Western has the largest Ontario based CFPC-EM program

Emergency Medicine

- **Academic ER – LHSC – 2 blocks**
- **Community ER – 1 block** (Goderich, Chatam, Strathroy, Leamington, Owen Sound, Sarnia, St. Thomas, Stratford, Windsor)
- **Community ER/Anesthesia – 1 block**
- **Ortho-Hybrid – 1 block**
- **Peds-ER – 2 blocks** (can be split between Childrens or PCCU)
- **CCTC – 2 blocks**
- **CCU – 1 block**
- **POCUS – 1 block**
- **Elective – 1 block**
- **Simulation Training**
- **POCUS**
- **Research**



Care of the Elderly

- Program Director:
 - Dr. Corrine Coulter
 - Corrine.coulter@lhsc.on.ca
- Number of residents
 - 1-2 residents/year



Care of the Elderly

- The program includes a combination of block rotations with selected horizontal continuing clinical experiences. Experience in the following clinical settings is usually provided in block rotations:
 - Acute Care Ward Consultation
 - Geriatric Rehabilitation Unit
 - Outreach
 - Geriatric Psychiatry
 - Geriatrics and Family Medicine
 - Electives
 - Ambulatory clinics



Sport & Exercise Medicine

- Program Director:
 - Dr. Graham Briscoe –
graham.a.briscoe@gmail.com
- Number of residents
 - 2-3 residents/year





Sport & Exercise Medicine

- The Resident will spend time at:
 - FKSMC in direct patient care
 - Fanshawe Clinic providing general medical care in a student health setting.
 - With Orthopaedic Surgeons and other designated Specialists as well as allied Health Professionals including physiotherapists, podiatrists, and bracing specialists at FKSMC.
- Other activities include:
 - Varsity athletics and participate in community event coverage.
 - Teaching of family medicine residents and Kinesiology MSc. Students
 - Research opportunities in the form of projects or pursuing a Master's degree



Palliative Care

- Program Director:
 - Dr. Anita Singh – anita.singh@lhsc.on.ca
 - Dr. Trish Valcke – pvalcke@thehospice.ca
- Number of residents
 - 1-2 residents/year



Palliative Care

London Stream:

- 4 blocks LHSC (Victoria campus),
- 1 block LHSC (University campus),
- 2 blocks Windsor hospice,
- 1 block Windsor oncology,
- 2 blocks Sarnia,
- 3 blocks elective

Windsor Stream:

- 2 blocks LHSC (Victoria campus),
- 1 block LHSC (University campus),
- 2 blocks WRH consult service (Metropolitan campus, and HDGH PCU),
- 2 blocks Windsor hospice,
- 1 block Windsor oncology,
- 2 blocks Sarnia,
- 3 blocks elective



Western Highlights

- **Rotations**
 - 3 electives blocks
 - Horizontal experience during the year
 - Psychosocial oncology at LRCP when in London
 - Pain clinic at LRCP when in London
 - Foundations of palliative care online course



CATEGORY 2 Programs

- Academic FM Program
- Windsor Hospitalist
- OB and Women's Health
- Child Health
- Primary Care Chronic Disease Program
- Primary Care Rheumatology
- FM-Oncology
- Individualized Program

Academic Family Medicine

- Program Director:
 - Dr. Christina Cookson
ccookson2012@gmail.com
- Number of residents
 - 1-2 residents/year





Academic Family Medicine

- Joint program between the departments of Family Medicine and Graduate Studies
- Goal of the program is to train academic clinicians with an interest in teaching and research
- Two tracts
 - Thesis & course work
 - Non thesis/major essay & course work

Windsor Hospitalist Program

- Program Director
- Dr. Danielle Soulliere –
Danielle.Soulliere@wrh.on.ca
- Number of residents
 - 1-2 resident/year



Windsor Hospitalist Program

- The training would take place at the Hotel Dieu Grace Hospital and Windsor Regional Hospital
 - 2 blocks CTU at Hotel Dieu Hospital
 - 1 block hospitalist Windsor Regional Hospital
 - 1 block ICU with rapid response team at Hotel Dieu
 - 1 block RCU/ICU at Windsor Regional Hospital
 - 2 week elective infectious disease
 - 2 weeks to be divided up as electives chosen from the following areas of specialty: cardiology, nephrology, neurology, endocrinology, GI, Oncology, palliative-inpatient care, radiology, neonatal ICU, chronic care

Obstetrics & Women's Health



- Program Directors:
 - Dr. Andrea Alarie (Kitchener) – andrea.alarie@icloud.com
 - Dr. Paige Hacking (London) – paige.hacking@gmail.com
- Number of residents
 - 1-4 residents/year



Obstetrics & Women's Health

- Goal is to offer residents a chance to increase their knowledge, experience and procedural base in Women's Health
- 6 block program where the resident will be assigned to 1 of 2 home sites
- Kitchener – high volume OB + clinics (many learners)
- London – high volume FM/OB + clinics

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- ***Primary Care Women's Health***
 - Women's Health Clinic at Victoria Hospital
 - Family Practice with strong OB and Women's Health
 - Diabetes Family Planning Clinic at MLHU
- ***Psychiatry***
 - Eating Disorders clinic
 - PTSD Clinic
 - First Episode Mood Disorder
 - Post Partum Mood Disorder Clinic
- ***Community Based Women's Health***
 - Violence and Sexual Assault Team
- ***Medicine Based Women's Health***
 - Sexually Transmitted Infection Clinic
 - Genetics Clinic
 - Endocrinology Clinic
- ***Surgical Based Women's Health***
 - Breast Clinic
 - Gynecology
 - Urogynecology Clinic
 - Fertility Clinic
 - Gynecology Clinic



Child Health

- Program Director
 - Dr. Loretta Seevaratnam
 - lseevartnam@rogers.com
- Number of Residents
 - 1 resident/year

Child Health


- **Rotations**
- Rural general paediatrics (Sarnia and other sites) - 2 blocks
- Tertiary inpatient paediatrics (London) - 1 block
- Emergency & Airway (London) - 2 blocks
- Electives (Varied Sites) - 2 blocks





Primary Care Chronic Disease Management Program

- Program Director
 - Dr. Sonja Reichert
 - sreiche2@uwo.ca
- Number of residents
 - 1-3 residents/year



Primary Care Chronic Disease Management Program

- 12 month program that focuses on the management of patients with chronic diseases
- Longitudinal rotations allow for flexibility regarding developing interests in specific fields
- Rotations include outpatient clinics in:
 - Diabetes
 - Cardiovascular health
 - Nephrology
 - Neurology
 - COPD
 - Wound care
 - Rheumatologic diseases
 - Electives based on resident's educational objectives



Primary Care Rheumatology

- Program Director
 - Dr. Gina Rohekar
 - gina.rohekar@sjhc.london.on.ca
- Number of residents
 - 1 resident/year

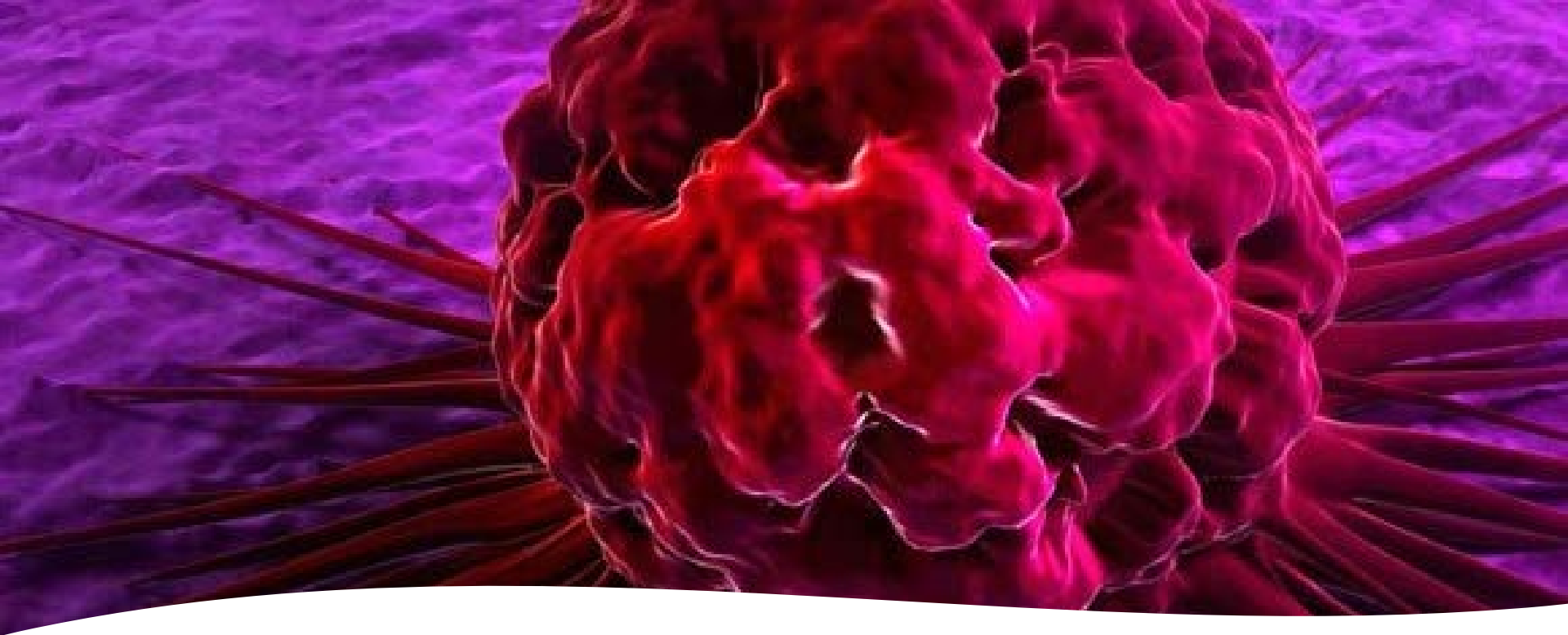


Primary Care Rheumatology

- 1 year program based out of the St. Joe's rheumatology clinic focusing on primary care based rheumatological conditions
- Areas of focus:
 - OA
 - Inflammatory arthritis
 - Fibromyalgia
 - Tendonitis
 - Mechanical Back Pain
 - Connective Tissue Diseases
 - PMR


Family Med-Oncology

- Program Director
 - Dr. John Lenehan
 - John.Lenehan@lhsc.on.ca
- Number of residents
 - 1 resident/year



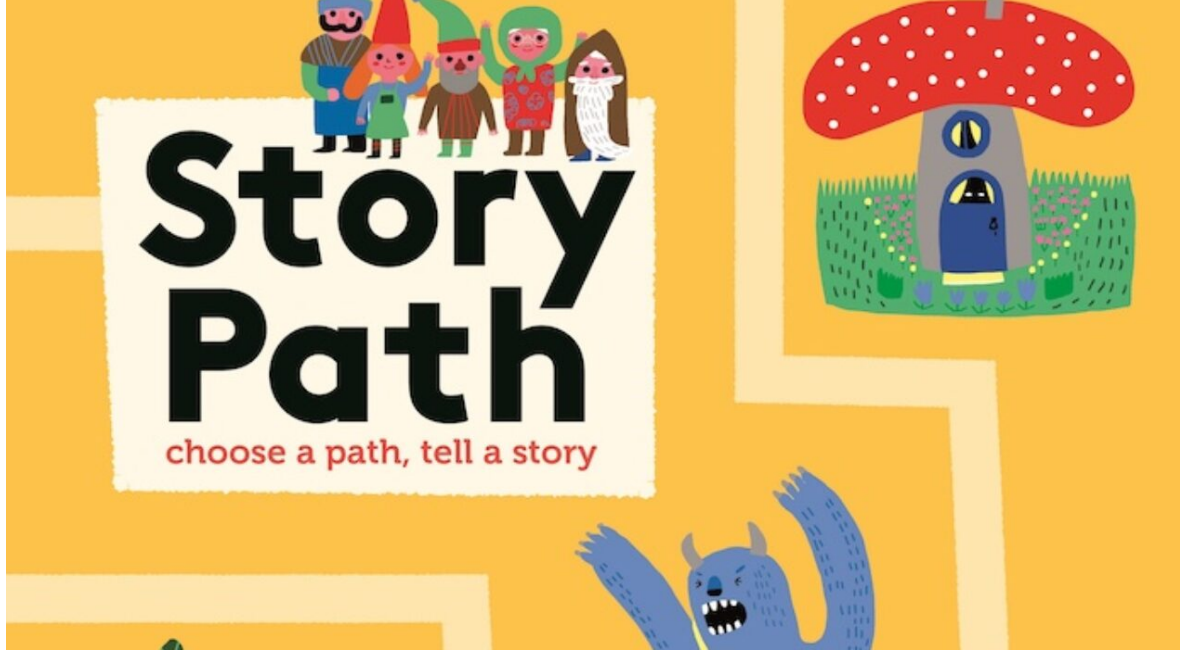
Family Med- Oncology

- London: Inpatient medical oncology (1 block)
- London: Rotations in lung, breast, GI, melanoma, head/neck, GU (5 blocks)
- London: Hematology/Oncology (1 block)
- London: Gyn/Onc (1 block)
- London: Palliative Care/Pain Clinic (1 block)
- Windsor: Inpatient Hospitalist-Oncology (1 block)
- London or Windsor: Radiation-Oncology (1 block)
- Windsor: General medical oncology clinic (1 block)
- London/Windsor/Community: Elective – choice of community ICU, palliative care/hospice, research/admin, family medicine (1 block)



Individualized Program

- Program Director
 - Dr. Kyle Carter kcarte@uwo.ca
- Number of residents
 - 1-2 residents/year
 - 6-12 months programs available
- *Preference given to established programs over individualized program, with the exception of a well thought out program with objectives and a clinical supervisor.*



Individualized Program

- Must fulfill a community need
- Within the extended scope of Family Medicine
- Develop a curriculum design and find a supervisor from that field
- Not an extension of core Family Medicine Training

Application Process

Required documentation:

- Application form on myFM / CaRMS application
- 4 reference letters
 - 1 letter from PD
 - 1 letter from primary FM supervisor
 - 2 letters from ES related physicians
- Letter of intent
- CV

Eligibility

Current resident in Family Medicine Training Program
(residents >12 months out of residency must apply to a
reentry funded position – not offered at Western)

Successful completion of a Family Medicine Resident
Training Program in Canada prior to starting the ES program

As per the Postgraduate Education Office, IMG's who entered the postgraduate system through CaRMS in Ontario are eligible to be considered for Family Medicine PGY3 MOHLTC funded positions. IMG's from other provinces are eligible but would have to complete a ROS in Ontario prior to ROS in their original province of study.

Must hold CPSO, CMPA

Must pass prior to entering program:

- LMCC I

Enhanced Skills Programs



The applications for 2023-2024 will be open from August 2, 2022 to September 14, 2022 at 12:00 PM Eastern Time.

Please note: In the Category 2 Programs Application, there is a question about the MCCQE Part 2 Exam which is no longer required for licensure by the Medical Council of Canada. Please disregard this question during your application.

Click on a button below to apply:

CATEGORY 1
PROGRAMS APPLICATION

CATEGORY 2
PROGRAMS APPLICATION

— https://fm.schulich.uwo.ca/MyFM/es_application/

Family Medicine / Enhanced Skills Match



The Family Medicine/Enhanced Skills Match (FM/ES match) is for applicants who are completing or have completed postgraduate training in Family Medicine in Canada and want to pursue enhanced skills training

Prior to the 2021 match cycle, the FM/ES match was called the Family Medicine / Emergency Medicine (FM/EM) match. It was renamed to reflect the participation of all Category One enhanced skills programs for the 2021 match cycle.

- Category 1 Enhanced Skills Programs
 - <https://www.carms.ca/match/family-medicine-enhanced-skills-match/>

Category 2 Application

Enhanced Skills Application Form - Step 1 of 4

1

Application Form

2

Required Files Upload

3

Provide References

4

Application Complete

Note

As you complete each step, you will **not** be able to go back and make changes to the information provided so ensure your application is complete and accurate. Should you have any questions, please direct them to [Department of Family Medicine](#).

Eligibility:

To be eligible, you must be a Canadian citizen or permanent resident enrolled in postgraduate year 2 (PGY-2) in a Canadian Family Medicine residency program accredited by the College of Family Physicians of Canada (CFPC).

If you are a Canadian citizen or permanent resident in an Accreditation Council for Graduate Medical Education (ACGME) accredited program in the United States, you must join the College of Family Physicians of Canada (CFPC) as a resident member and provide evidence that you are registered in an accredited program.

Are you a Canadian citizen or permanent resident?

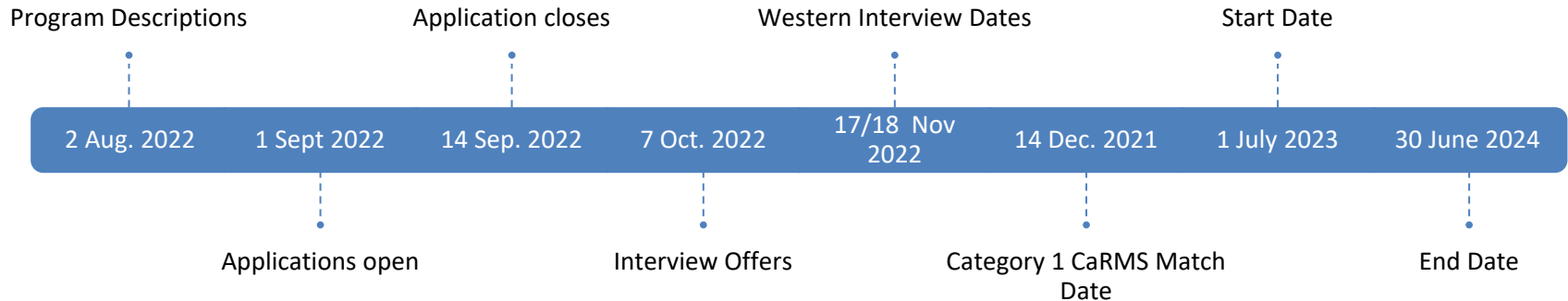
☐ No

CaRMS info:

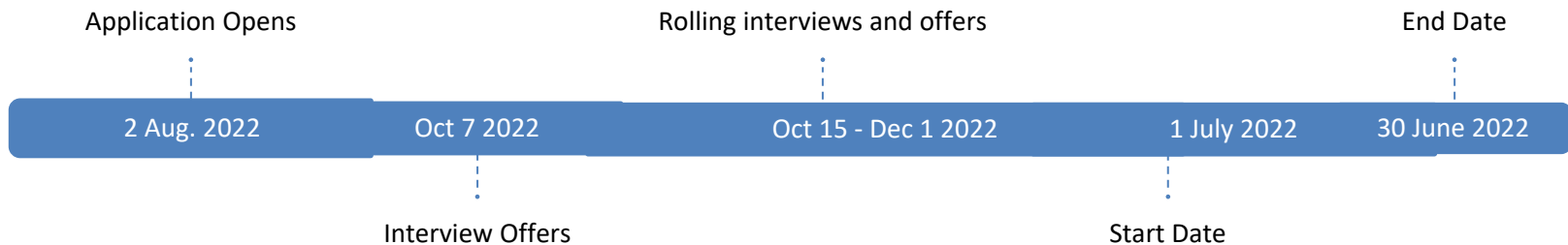
Will you be applying to a Category 1 program through CaRMS:
Applying Category 1 program

☐ No

CaRMS Timeline

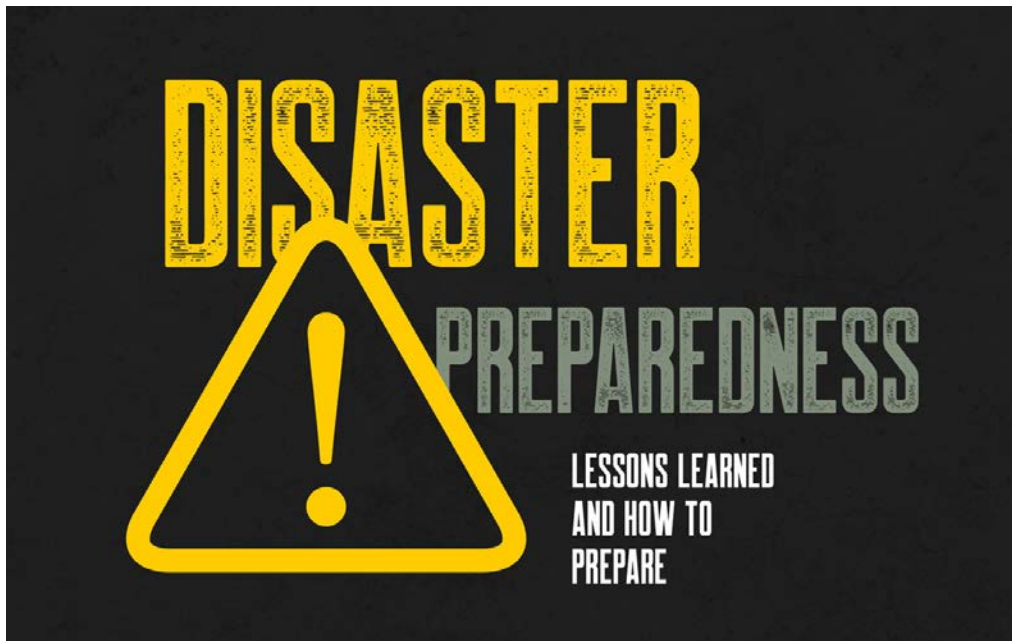


Category 2 Timeline



Application FAQ

- Category 2 offers completed prior to CaRMS match and is a binding contract with the University
- Successful applicants are asked to withdrawal from CaRMS upon acceptance of position
- Can apply to both or multiple programs
- Off-cycle residents must be current residents to apply (delayed start acceptable)
- Interviews via ZOOM



How to prepare

- Gain experience in your area of interest
 - Electives, horizontal electives, research, academic pursuits
- Go beyond your training
 - Courses, conferences, certifications, etc
- Demonstrate roundedness to your area
 - Understand the breadth of required training
- Get facetime with those that may train you

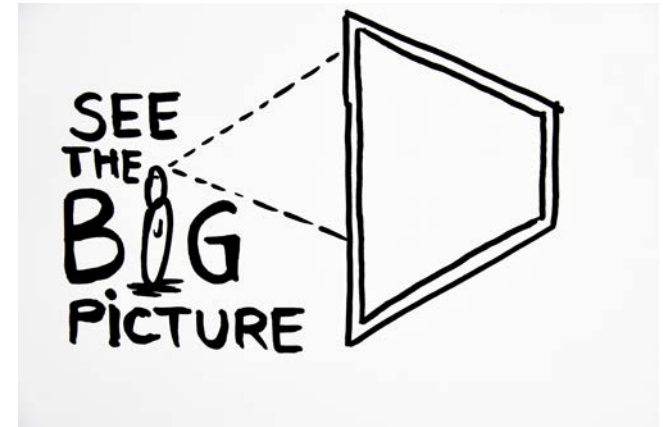
What Were Looking For



- What you plan to do with the training
- A longitudinal preparedness for the year
- Strong letters of reference from those within the field
- Clear goals to achieve with the additional training
- Demonstration of qualities that are important for your field

Things to Consider

- What do you see your practice looking like?
- How will that model serve your community?
- Will the model remunerate you?
- How will your career and practice change with time?



Resources

- Family Medicine website:
<http://www.schulich.uwo.ca/familymedicine/>
- Please refer to website regarding updates from the department and the new Enhanced Skills Program website
- Please refer to the **orientation manual** for all policies
- ***All policies that govern PGY-1 & PGY-2 apply to PGY-3 residents***



Questions??

